MAKE IT A GAME ~ HAZLO UN JUEGO
POSITIVE DISCIPLINE

As parents, it can be incredibly challenging to get our children to cooperate sometimes. Turning a challenging situation into a game is a powerful - and often forgotten - parenting tool. When children don't cooperate, our usual reaction is to toughen up and act stricter, the last thing we want to do is to play with our child. However, turning challenging situations into fun simple games has huge benefits. We like to call it "playful parenting." Playful parenting helps us end power struggles faster, increases cooperation and helps us re-build connection. Below are three ideas that will help you turn a common challenge into a game.

Challenge: *"My child does not want to clean up"*

1) Turn Chore Time Into Storytime ~ Convierta las Tareas del Hogar en Tiempo de Cuentos. Stories are an incredibly powerful way to teach children almost effortlessly. You can start a story saying for example, *"Once upon a time, there was a beautiful flower, her name was Margarita. Margarita loved helping her mom , Rosa, around the house. Every day, before dinner, she helped all the toys find their way to the toy box..."*

2) Beat the Clock ~ Gana al Reloj. Set the timer for 10 minutes and challenge your child to beat the clock or ask, *"Can you finish putting these puzzle pieces away before I put away the doll clothes?" "¿Puedes terminar de guardar estas piezas del rompecabezas antes de que yo guarde la ropa de la muñeca?"*

I3: Curiosity Questions ~ Preguntas de Curiosidad.
Sample questions:
I wonder how many red blocks you can find to put in the bucket?
¿Me pregunto cuántos bloques rojos puedes encontrar para poner en el balde?
I wonder if you can put ALL the toys away before Happy and you Know it stops playing?
¿Me pregunto si puedes guardar TODOS los juguetes antes de que la canción "Happy and you Know it" termine?

Stay positive